



MONTHLY COAST CASTER

MARCH TO THE BEAT OF A NEW DRUM FOR AFS NOR CAL CHAPTER!

Please join AFS Nor Cal Chapter in welcoming CAL OSHA Expert Royce Railey, BBSI Risk Manager, presenting Safety in the 21st Century.

- CAL OSHA is targeting the metals industry
- Learn a fresh approach to safety
- Open forum question and answer session

Location:

SKATES ON THE BAY

100 Seawall Dr, Berkeley, CA 94710

(510) 549-1900

Date & Time: Tuesday March 17th, 2015 @ 5:00 PM

NO HOST BAR

MENU CHOICES:

1ST COURSE:

PACIFIC NORTHWEST CLAM CHOWDER Applewood smoked bacon
ICEBURG LETTUCE WEDGE Bacon, deviled egg, crumbled blue cheese, tomato, balsamic vinaigrette

2ND COURSE:

PAN ROASTED ALL-NATURAL CHICKEN BREAST Mashed Yukon potatoes, seasonal vegetables, natural jus

GRILLED MAHI MAHI Vanilla Rome butter sauce, Yukon mashed potatoes, pickled kumquats

KALBI SHORTRIBS Coconut ginger rice, pickled vegetables, spicy chili aioli

FRESH SAUSAGE FETTUCINE Grilled Andouille sausage marinara, tomatoes, baby spinach

VEGETARIAN RISOTTO Chef's seasonal preparation

3RD COURSE:

BURNT CREAM Fresh seasonal berries, whipped cream, raspberry coulis

KEY LIME PIE Nellie and Joe's famous Key West lime juice, lemon sorbet

COST per person: \$60.00

Please RSVP by March 13th with your menu selections
To: AFS Chair, Lalit Anand, lanand@pacificsteel.com
Phone: (510) 558-2295 OR Kris Carmichael, Vice Chair
krisarmichael@hotmail.com
Phone: (510)-914-2403

Calendar of Events 2015

4/14 Off the Grid food trucks, Tour at Pacific Steel
5/12 - A's Game, AFS Family Night
6/16 - Old Timers Night - Scotts Seafood
9/11 Golf Tournament

2015 Officers

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Email: krisarmichael@hotmail.com

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